## August 2024

Bridge Prep - South

## Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
5	6	7	8	9
12	13	14	15	16
AIN ENTREE Macaroni and Cheese Breadstick ELI Turkey & Cheese Deluxe Hoagie Mayonnaise DES Fresh Baby Carrots Seasoned Green Beans RESH FRUIT Fresh Apple Fresh Orange ILK 1% Milk Carton Skim Chocolate Milk	MAIN ENTREE • Chicken & Cheese TikTok Quesdilla • Taco Sauce DELI • Cobb Salad • Breadstick SIDES • Seasoned Corn • Fresh Broccoli CANNED FRUIT • Diced Pears FRESH FRUIT • Fresh Banana MILK • 1% Milk Carton	MAIN ENTREE • Cheeseburger • Ketchup • Mustard DELI • Turkey BLT Wrap SIDES • Potato Wedges • Herbed Tomatoes CANNED FRUIT • Applesauce FRESH FRUIT • Fresh Orange MILK • 1% Milk Carton • Skim Chocolate Milk	MAIN ENTREE • Chicken Nuggets • BBQ Sauce Cup • Ketchup DELI • Southwest Chicken Salad SIDES • Baked Beans • Fresh Cucumbers FRESH FRUIT • Fresh Apple CANNED FRUIT • Pineapple Tidbits MILK • 1% Milk Carton • Skim Chocolate Milk	MAIN ENTREE • Meatball Sub DELI • Ham & Cheese Sandwich • Mustard SIDES • Seasoned Broccoli • Garden Side Salad • Ranch Dressing CANNED FRUIT • Sliced Peaches FRESH FRUIT • Fresh Banana MILK • 1% Milk Carton • Skim Chocolate Milk
	Skim Chocolate Milk			
19 AIN ENTREE Pancakes Turkey Sausage Patty Syrup Cup ELI Turkey & Cheese Deluxe Hoagie Mayonnaise IDES Tater Tots Fresh Baby Carrots RESH FRUIT Fresh Apple Fresh Orange ILK 1% Milk Carton Skim Chocolate Milk	20 MAIN ENTREE • Beef & Cheese Nachos • Fritos Corn Chips DELI • Cobb Salad • Breadstick SIDES • Lettuce Salad • Salsa • Pintos with Pizzazz CANNED FRUIT • Diced Pears FRESH FRUIT • Fresh Banana MILK • 1% Milk Carton • Skim Chocolate Milk	21 MAIN ENTREE • Hot Dog • Ketchup • Mustard DELI • Turkey BLT Wrap SIDES • Seasoned Green Beans • Cucumber CANNED FRUIT • Applesauce FRESH FRUIT • Fresh Orange MILK • 1% Milk Carton • Skim Chocolate Milk	22 MAIN ENTREE • Jamaican Jerk Chicken • Chimichurri Chicken • Round Tortilla Chips DELI • Southwest Chicken Salad SIDES • Seasoned Corn • Broccoli Florets CANNED FRUIT • Pineapple Tidbits FRESH FRUIT • Fresh Apple MILK • 1% Milk Carton • Skim Chocolate Milk	23 MAIN ENTREE • Cheesy Breadsticks • Marinara Sauce Cup DELI • Ham & Cheese Sandwich • Mustard SIDES • Fresh Baby Carrots • Garden Side Salad • Ranch Dressing FRESH FRUIT • Fresh Banana CANNED FRUIT • Sliced Pears MILK • 1% Milk Carton • Skim Chocolate Milk
26 AIN ENTREE Hamburger Ketchup Mustard ELI Turkey & Cheese Deluxe Hoagie Mayonnaise IDES Potato Wedges Celery RESH FRUIT Fresh Apple Fresh Orange ILK 1% Milk Carton Skim Chocolate Milk	27 MAIN ENTREE • Walking Beef Taco DELI • Cobb Salad • Breadstick SIDES • Black Beans • Diced Tomatoes • Lettuce Salad • Salsa CANNED FRUIT • Diced Pears FRESH FRUIT • Fresh Banana MILK • 1% Milk Carton • Skim Chocolate Milk	28 MAIN ENTREE • Chicken Patty Sandwich DELI • Turkey BLT Wrap SIDES • Sweet Potato Fries • Broccoli Florets CANNED FRUIT • Applesauce FRESH FRUIT • Fresh Orange • BBQ Sauce MILK • 1% Milk Carton • Skim Chocolate Milk	29 MAIN ENTREE • Rotini with Meat Sauce DELI • Southwest Chicken Salad SIDES • Seasoned Green Beans • Fresh Baby Carrots CANNED FRUIT • Pineapple Tidbits FRESH FRUIT • Fresh Apple MILK • 1% Milk Carton • Skim Chocolate Milk	30 MAIN ENTREE • Cheese Pizza DELI • Ham & Cheese Sandwich SIDES • Seasoned Carrots • Garden Side Salad • Fat-Free Italian Dressing CANNED FRUIT • Sliced Peaches FRESH FRUIT • Fresh Banana MILK • 1% Milk Carton • Skim Chocolate Milk

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